

WHAT EQUIPMENT TO BRING ON YOUR TARKINE WILDERNESS TREK

The following list sets out all the clothing and equipment you are required to bring for you to participate in the Tarkine Rainforest Experience.

E indicates essential item of equipment

H indicates available for hire

Clothing		Equipment	
Rain jacket with storm hood attached. Must be seam sealed waterproof breathable fabric (Gore-Tex, Millair or Hydronaute). We recommend mid thigh length with full front zip opening which must have a storm flap. E, included		Twin share standing tent E, included	
Waterproof over pants (Gore-Tex, Millair or PVC coated nylon) E, included		Single bed with mattress E, included	
1 Woollen/polar fleece jumper - must be wool or synthetic fibre E		Sleeping bag rated to 3 seasons E, included	
2 Long sleeve thermal tops (polypropylene, wool, polyester power dry, Daymart) E		Sleeping inner sheet for extra warmth and keeping your sleeping bag clean. Also suitable for warmer nights when your sleeping bag is adequate as a blanket E, included	
1 Long thermal pants (polypropylene, wool, polyester power dry, Daymart) E		Day pack with waist harness E	
2 T-shirts/Long sleeve shirts		Head torch with spare batteries E	
Warm trousers - wool or synthetic fibre		Sunglasses	
Walking trousers (not jeans)		Water bottles or water bladder - minimum 2 litres E	
Walking shorts		Swimmers and Towel	
Walking socks - wool or thermal E		Gaiters E, included	
Warm gloves or mittens E			
Sun hat E			
Balaclava or warm beanie E			
Underwear			
Footwear		Personal Toiletries and First Aid	
Boots must be lace up, ankle high, leather or leather/fabric construction with a sturdy rubber sole. Ideally boots will have a waterproof lining or for full-leather have been waterproofed. They must be well worn in but not worn out. E		Personal toiletries	
Sandals with straps or shoes for the end of the day.		Insect repellent cream (please do not bring spray repellent)	
		Sunscreen and lip balm E	
		Personal first aid kit with tape for treating and preventing blisters and any personal medication.	
Please contact us with any questions.		Optional Equipment	
		Camera	
		Book	
		Binoculars	
		Walking Poles H (\$20)	